

Altersklassen

| Altersklasse | Jahrgang | Alter im Turnfestjahr |
|---------------------|-----------------|------------------------------|
| AK 10 | 2007 | 10 |
| AK 11/12 | 2005 – 2006 | 11 – 12 |
| AK 13/14 | 2003 – 2004 | 13 – 14 |
| AK 15/16 | 2001 – 2002 | 15 – 16 |
| AK 17/18 | 1999 – 2000 | 17 – 18 |
| AK 19 | 1993 – 1998 | 19 – 24 |
| AK 25 | 1988 – 1992 | 25 – 29 |
| AK 30 | 1983 – 1987 | 30 – 34 |
| AK 35 | 1978 – 1982 | 35 – 39 |
| AK 40 | 1973 – 1977 | 40 – 44 |
| AK 45 | 1968 – 1972 | 45 – 49 |
| AK 50 | 1963 – 1967 | 50 – 54 |
| AK 55 | 1958 – 1962 | 55 – 59 |
| AK 60 | 1953 – 1957 | 60 – 64 |
| AK 65 | 1948 – 1952 | 65 – 69 |
| AK 70 | 1943 – 1947 | 70 – 74 |
| AK 75 | 1938 – 1942 | 75 – 79 |
| AK 80 | 19xx – 1937 | 80 – xx |